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Dear Employer,

In accordance with Public Health Agency Guidelines, the number of travel-related cases of the novel coronavirus (COVID-19) continues to rise around the world. More guidance has been issued by the Public Health Agency of Canada relating to returning travellers.

We are advising any clients with respiratory symptoms to stay on self-isolation until 24 hours AFTER symptoms have FULLY resolved.

We also appreciate your cooperation in excusing your employees from work or accommodating alternative work arrangements (if an employee is well enough, and able to work from home) under the following circumstances:

- 1) Any employee who has travelled outside of Canada, including the United States of America, are being asked to self-isolate at home for 14 days upon their return.
- 2) Residents are asked to self-isolate for 14 days if they live with, provided care for, or have spent extensive time with someone who:
 - Has tested positive for COVID-19 OR
 - Is suspected to have COVID-19 OR
 - Who has respiratory symptoms (fever, cough, or shortness of breath) that started within 14 days of travel outside of Canada.

Due to the volume of returning travellers, please treat this letter as a sick note based on the criteria listed above.

Thank you,

Dr. Alan Redekopp